



Wayne County Community College District

COURSE SYLLABUS

PTT 103 Overview of Functional Mobility

CREDIT HOURS: 4.00

CONTACT HOURS: 60.00

COURSE DESCRIPTION: This course gives an introduction to the levels of independence along the mobility spectrum addressing safety and guarding techniques for each level. This course also introduces the student to basic skills and competencies including range of motion, body mechanics, lifting techniques, bed mobility, draping, transfer activities, and use of assistive devices. The process of preparing patients for treatments is covered in depth. *15 hours of lecture and 45 hours of lab required.*

PREREQUISITES: Reserved for PTT majors

EXPECTED COMPETENCIES:

Upon completion of this course, the student will be able to:

- Discuss the causes and effects of mobility impairment.
- Demonstrate safe handling techniques for patient positioning and draping.
- Distinguish between various assistive devices for improving functional mobility.
- Demonstrate appropriate body mechanics with transfers and patient handling techniques for various patient conditions.
- Contrast the various levels of assistance for bed mobility, transfers, and ambulation.
- Demonstrate the ability to safely guard and assist patients with various mobility impairments during bed mobility, transfers, and ambulation.

ASSESSMENT METHODS:

Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, and oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

GRADING SCALE:

90%-100% = A
80%-89.9% = B
70%-79.9% = C
60%-69.9% = D
<60% = E